

BRIEF MEET INFORMATION

MEET NAME	2026 Beast Cup
DATE(s):	January 10-11, 2026
HOSTED BY:	Belleville Beast Swim Team
LOCATION:	Quinte Sports and Wellness Centre 265 Cannifton Rd, Belleville ON, K8N 4V8
FACILITY:	25 m, 8-lane pool (2.5 m lanes) Electronic timing and scoreboard (Colorado) Great viewing, concessions, and free wi-fi throughout the facility
PURPOSE & DESCRIPTION:	Invitational meet to obtain official times.
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	November 13, 2025

COMPETITION ORGANIZING COMMITTEE			
ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Kim Isaak	kimiswim@gmail.com	5
MEET MANAGER(S):	Maggie Morgan, Micah Hudacin	meetmanager@bellevilleswimming.com	
OFFICIALS COORDINATOR:	Mackenzie Best	coa@bellevilleswimming.com	

SAFETY AT COMPETITION

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited to, Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#). For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport.

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

The [Swim Ontario Concussion Management](#) & [Swim Ontario Photography, Videography, and Cellphone Procedure](#) will be in effect. For complete details click [HERE](#).

Videography & Photography Permissions

Provided the facility permits, registered club coaches on the compliance list, approved sport science contractors, and support staff may record for coaching purposes without additional authorization.

All other individuals — including club photographers, contracted photographers/videographers, and media — must apply for and receive authorization to access the competition deck before recording in any medium. All recordings must comply with Swim Ontario policies, including the [Photography, Videography, and Cellphone Procedure](#) and the [Screening Requirements Procedures](#). Contact Meet Management for the application process. All Official Photographers and Videographers, as approved by Swim Ontario, will be declared within this Meet Package.

COMPETITION RULES

All current [Swimming Canada rules](#) will be followed. All registered para swimmers are subject to the rules defined by their current sport class and codes of exception. The stroke and turn rules apply as per Appendix B of the Swimming Canada rulebook. The Sport Class and Exception Codes should be displayed on heat sheets and must be made available to the Session Referee.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Combined (mixed) gender swimming is permitted for age group swimming competitions. Canadian Age Group records can not be set when heats involve individual mixed genders.

The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The "misconduct" shall include, but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and [Swim Ontario warm-up safety rules](#) will be in effect. Details [HERE](#). It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

Warm up rules:

- No loitering at the end of lane
- Swimmers must be aware of their surroundings and move over to the lane rope when stopped at the end wall to allow other swimmers to turn
- Swimmers using sprint and pace lanes must be directly supervised by their coaches
- Deliberate kicking or striking of the starting platform, including the back plate during the sprint periods is not permitted.
- Swimmers must enter the pool FEET FIRST in a cautious and controlled manner, entering from a start or turn end only and from a standing or sitting position.

Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.

AGE UP DATE:	The competitor's age is as the first day of the competition (January 10, 2026).
DIVE STARTS:	As per Swimming Canada Part II C4.1.2 and C4.1.3 swimmers are permitted to start in-water or from a standing position on the deck or bulkhead when Starting Platforms (blocks) are available. As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows: 1. from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from deep end on, and/or 2. from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 from deep end, and/or 3. In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 from deep end.

BACKSTROKE LEDGES	Ledges will not be used in the swim meet.
d/DEAF AND HARD OF HEARING ACCOMMODATION:	This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing: • non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff. • Visual Start hand signals given by the starter/referee. • Visual Start Strobe Light options - Personal Strobe Light: a personal strobe light from the swimmer's own club may be used with advance notice to Meet Management to determine compatibility with the starter unit. Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.

ELIGIBILITY

All athletes must be registered as <u>Competitive</u> or <u>Varsity</u> swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Athletes may only compete under the age group club or varsity team they are registered with. Registered Para Swimmers are welcome and their current Sport Class must be included in the entries. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS. This competition is sanctioned as an <u>Age Group Swimming Invitational</u>, however, foreign swimmer/teams entries will not be accepted.	
ADDITIONAL ELIGIBILITY INFORMATION	Preference will be given to the host club first. Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as exhibition and not be eligible for scoring or awards.
COACH & SUPPORT STAFF REGISTRATION:	Meet management will cross reference the list of coaches submitted with entries at this competition with the <u>Swim Ontario Compliance lists</u>. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance. Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions. Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.
FOREIGN TEAMS /COMPETITORS:	Foreign Teams and their competitors are welcome, subject to the following provisions. • Proof of TEAM Liability Insurance for a minimum of \$2,000,000 is required naming Swim Ontario on the Insurance certificate.

	○ All foreign competitors must be registered with an amateur swimming organization recognized by World Aquatics. ○ All foreign competitors and coaches must be duly registered and residents of the governing body for which they are competing. ○ All competitors and coaches must be in good standing with their respective governing swim body. ○ All foreign competitors and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition along with the insurance certificate. ○ Foreign Team entries are not to be accepted by the host club until Swim Ontario grants approval.
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ENTRY PROCESS

ENTRY SUBMISSIONS	Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will: ● not accept entries via email; ● notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; ● notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees. Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.
ENTRY DEADLINE:	The online entry deadline is December 29, 2025 at 11:59 PM. Changes to entries will be accepted until January 5, 2026 at 11:59 PM.
ENTRY FEE:	The following fees will apply for this competition: Individual Events: \$15 Distance and Relay Events: \$20 Swimmer Fee: \$5 Payment Method: Cheques (payable to Belleville Beast Swim Team) are to be brought to the admin desk at the start of Session #1. For e-transfer, kindly email meet manager (meetmanager@bellevilleswimming.com) to advise. Payments are to be sent to beasttreasurer@gmail.com
ENTRY LIMITS:	The maximum number of entries per swimmer is 3 individual swims per session.
RELAY ENTRIES & MIXED RELAYS	Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. A mixed relay must have 2 female and 2 male swimmers. All other combinations will result in a disqualification. Relay name submission deadline is: by the scratch deadline for each session (halfway through warm-up).
ENTRY TIMES & CONVERSION:	● Entries can be submitted with No Time (NT) EXCEPT FOR IN THE DISTANCE EVENTS.

- Estimate entry times are accepted ONLY IN THE DISTANCE EVENTS (However, if session exceeds limit, swimmers with non-verifiable times will be removed).
- Entry Times can be converted (i.e. LCM to SCM). All times will be converted to SCM using Hy-Tek default conversion factor.

SCHEDULE OF SESSIONS					
Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Timed Final/Heats /Finals
1 13 and over	Jan. 10	Warm-Up A 8:00 - 8:30 AM Warm-Up B 8:30 - 9:00 AM	9:05 AM	12:50 AM	Timed Finals
2 12 and under	Jan. 10	Warm-Up A 1:00 – 1:30 PM Warm-Up B 1:30 - 2:00 PM	2:05 PM	6:00 PM	Timed Finals
3 13 and over	Jan. 11	Warm-Up B 7:45-8:15 AM Warm-Up A 8:15-8:45 AM	8:50 AM	12:50 PM	Timed Finals
4 12 and under	Jan. 11	Warm-Up B 1:00-1:30 PM Warm-Up A 1:30-2:00 PM	2:05 PM	6:00 PM	Timed Finals
Group A: TBD Group B: TBD					

MEET FORMAT and ADMINISTRATION

SEEDING:	After all times are converted as pursuant to the conversion process, Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last, with the exception of Distance Events which will be seeded fastest to slowest.
DECK ENTRIES:	Deck entries are permitted provided proof of active registered status with valid Swimming Canada ID is provided to Meet Management. Deck Entries are Exhibition Only. They are not eligible for scoring or awards. Deck entries will be accepted for empty lanes only (no new heats will be created). Swimmers entered on deck must have valid proof of Swimming Canada registration as an active, registered, competitive swimmer. \$20 per entry payable by cash or e-transfer.
RELAY NAME SUBMISSION:	Please submit relay names with your initial entries. The deadline to change relay names is by the scratch deadline of each session (halfway through warm-up).
SCRATCHES & POSITIVE CHECK IN RULES:	Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session. The following are the Positive Check-in deadlines for this competition: There is a positive check-in 30 minutes before the start of the session at the Admin Desk for the following events: 400, 800 and 1500 metre events

PENALTIES:	No penalty shall be imposed for late or day of scratches and No-Shows (but keeping meet management informed ensures for a smoothly run meet)
OFFICIAL SPLIT TIMES:	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Admin Desk at least 30 minutes prior to the commencement of the session in which the event will take place. Requests for official splits in gendered and mixed relays are not required, however in mixed relays the official time will not be recognized as a Canadian Age Group record. Official Split forms are available at the Admin Desk. Not all Official Split requests can be accommodated.
SWIM OFFS:	This competition offers only timed final events.
DISQUALIFICATION & PROTEST PROCEDURE	- Disqualification will be reported within fifteen (15) minutes after the swimmer's race. The disqualification shall stand providing all reasonable efforts have been made to report the disqualification including public address systems. - A club representative should discuss the disqualification with the Session Referee and can request to view the disqualification slip. - If not resolved after this discussion, a written protest may be presented to the Session Referee from the club representative. - A written protest must be presented within 30 minutes after the conclusion of the <u>event</u> in question. - Protest forms are available at the Admin Desk. - If not resolved after the decision of the written protest from the Session Referee the matter may be assigned to a Jury of Appeal. - The decision to go to Jury must be taken within an hour from the moment the decision of the written protest is communicated to the club representative.
RECORDS:	Swim times achieved at this competition will be eligible for Provincial and National Records. Coaches are advised to inform Meet Management prior to the start of the session where mixed gender individual events are taking place that there is a possibility of a Canadian Age Group record being broken. The referee can ensure that the swimmer competes with competitors of the same gender for his/her heat. Swim Ontario has a certified pool length survey for the aforementioned swimming pool.
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca Unofficial results will be available throughout the competition on MeetMobile.
SCORING:	Scoring will be as follows: Individual points will be scored 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 (1st -16th) with relays being double.
AWARDS:	Medals will be awarded for individual events (1 st to 3 rd) and ribbons for 4 th to 8 th in 10 and under, 11-12, 13-14, 15 and over. Ribbons (1 st to 6 th) will be awarded for relay events. Awards MUST be collected by coaches at the end of the meet. They will NOT be mailed. Overall top team trophy to be awarded (winning team will receive a plaque to take home and their name will go on the cup). Plaques will be given to the high point athlete of each age group and gender (10&U, 11-12, 13-14, 15&O).
Schedule of Events on Following Page	

Session 1 ~ 13 & over Time Finals Saturday, January 11, 2025 Warm-up 8:00 a.m., Start 9:05 a.m.		
Girls	Event	Boys
1	100 Fly	2
3	50 Back	4
5	200 Free	6
7	100 IM	8
9	400 IM	10
11	50 Free	12
13	200 Breast	14
15	100 Back	16
17	800 Free	18
19	200 Medley Relay (13 & 14)	20
21	200 Medley Relay (15 & over)	22

Session 2 ~ 12 & under Saturday, January 11, 2025 Warm-up 1:00 p.m., Start 2:05 p.m.		
Girls	Event	Boys
23	100 Fly	24
25	50 Back	26
27	25 Breast	28
29	200 Free	30
31	100 IM	32
33	400 IM	34
35	200 Breast	36
37	50 Free	38
39	100 Back	40
41	25 Fly	42
43	400 Free	44
45	200 Medley Relay (10 & under)	46
47	200 Medley Relay (11 & 12)	48

Session 3 ~ 13 & over Time Finals Sunday, January 12, 2025 Warm-up 8:00 a.m., Start 9:05 a.m.		
Girls	Event	Boys
49	100 Free	50
51	200 Back	52
53	50 Breast	54
55	200 IM	56
57	100 Breast	58
59	50 Fly	60
61	400 Free	62
63	200 Fly	64
65	1500 Free	66
67	200 Free Relay (13 & 14)	68
69	200 Free Relay (15 & over)	70

Session 4 ~ 12 & under Time Finals Sunday, January 12, 2025 Warm-up 1:00 p.m., Start 2:05 p.m.		
Girls	Event	Boys
71	100 Free	72
73	200 Back	74
75	50 Breast	76
77	200 IM	78
79	25 Free	80
81	100 Breast	82
83	50 Fly	84
85	25 Back	86
87	200 Fly	88
89	200 Free Relay (10 & under)	90
91	200 Free Relay (11 & 12)	92
93	Mixed 800 Free	

